

# SUB BDSM CHECKLIST

The checklist below is a way for your scene partner to get to know you better. Not all items below are necessarily things that your scene partner gets into, or would be a requirement on your part.

For each item, you need to provide two answers:

1. For experience, write YES or NO next to each item to indicate if you have ever DONE that activity.
2. For willingness, indicate for each item how you feel about DOING that activity by rating it on a scale of NO or 0 to 5.
  - "?" means you don't understand what the item is attempting to describe.
  - NO means you will NOT do that item under any circumstances (a hard limit).
  - 0 (zero) indicates you have utterly no desire to do that activity and don't like doing it (in fact, may loath it) and would ordinarily object to doing it, but you would permit your scene partner to do it if it He really wanted it (sometimes called a "soft limit").
  - 1 means you don't want to do or like to do this activity, but wouldn't object if it was asked of you.
  - 2 means you are willing to do this activity, but it has no special appeal for you.
  - 3 means you usually like doing this activity, at least on an irregular/ occasional basis.
  - 4 means you like doing this activity, and would like to experience it on a regular basis.
  - 5 means the activity is a wild turn-on for you, and you would like it as often as possible.

Note any additional information or nuances which might be important for your scene partner to know in the margin to the right. For example, under "uniforms" you might have a different fetish for military versus police.

Activity	Experience (yes/no)	Willingness (NO or 0-5)	Notes
Abrasion			
Anal sex (see "fucking butt")			
Animal roles (puppy, pony, etc.)			
Arm & leg sleeves (armbinders)			
Auctioned for charity			
Ball stretchers /ball stretching			
Ball torture			
Bathroom use control			
Beating (soft)			
Beating (hard)			
Being bitten			
Bestiality			
Blindfolds			
Blowjobs (see "Sucking dick")			
Body worship			
Bondage (light)			
Bondage (heavy)			
Bondage (while sleeping)			
Bondage (multi-day)			
Bondage (public, under clothing)			
Boot worship			
Branding			
Breath control			
Buttplugs (small)			
Buttplugs (large)			
Buttplug (public, clothed)			
Cages (locked inside of)			
Caning			
Castration fantasy			
Catheterization			
Cattle prod			
Cells (locked inside of)			
Chains			
Chastity			
Chastity belts			
Chauffeuring			
Choking			
Chores (domestic service)			
Clothespins			
Clothing restrictions (having clothes chosen for you)			
Cock rings/straps			
Cock torture			
Cock worship			
Collars (worn in private)			

<b>Activity</b>	<b>Experience (yes/no)</b>	<b>Willingness (NO or 0-5)</b>	<b>Notes</b>
Collars (worn in public)			
Cowboys			
Cuttings			
Dildos			
Domestic service			
Electricity (TENS-based)			
Electricity (violet wand)			
Enemas (for cleansing)			
Enemas (retention/punishment)			
Examinations (physical)			
Exercise (forced/required)			
Exhibitionism (friends)			
Exhibitionism (strangers)			
Eye contact restrictions			
Fire play			
Fisting			
Flat-top or other haircuts (specify)			
Flogging			
Following orders			
Food (having it chosen for you)			
Foot worship			
Forced masturbation			
Forced nudity (private)			
Forced nudity (around others)			
Forced servitude			
Fucking butt (fucking)			
Fucking butt (getting fucked)			
Gags (cloth)			
Gags (horse-style mouth bit)			
Gags (inflatable)			
Gags (phallic)			
Gags (rubber)			
Gags (tape)			
Gas masks			
Gates of Hell			
Given away to another Top (temporarily)			
Given away to another Top (permanently)			
Glove play (crotch)			
Glove play (mouth)			
Golden showers (see water sports)			
Group scenes (play parties)			

Activity	Experience (yes/no)	Willingness (NO or 0-5)	Notes
Hand jobs (giving)			
Hand jobs (receiving)			
Handcuffs (leather)			
Handcuffs (metal)			
Harnesses (leather)			
Harnesses (rope)			
Hoods			
Housework (doing)			
Humiliation (private)			
Humiliation (public)			
Ice cubes			
Immobilization			
Initiation rites			
Interrogations			
Kidnapping			
Kneeling			
Knife play			
Latex clothing			
Leather clothing			
Leather restraints			
Manacles & irons			
Marks / bruises (temporary / just for a few hours)			
Marks / bruises (that might last more than a few hours)			
Massage (giving)			
Massage (receiving)			
Medical scenes			
Military scenes (Army, Air Force, Navy, Marines) (specify)			
Modeling for erotic photos			
Motorcycles			
Mummification			
Nipple clamps			
Nipple rings (piercings)			
Nipple play/"torture"			
Nipple weights			
Outdoor scenes			
Outdoor sex			
Pain (mild)			
Pain (severe)			
Phone sex			
Piercing (temporary)			
Piercing (permanent)			
Prison scenes			

Activity	Experience (yes/no)	Willingness (NO or 0-5)	Notes
Punishment scene			
Rape fantasy			
Rape (gang-style) fantasy			
Religious scenes			
Restrictive rules on behavior			
Riding crops			
Rimming (oral/anal contact)			
Rituals			
Rubber (neoprene) clothing -- see also latex			
Saline injections in balls			
Scarification			
Scat (brown showers)			
Scent worship (man musk & man smell in armpits for example)			
Scratching - getting			
Sensory deprivation			
Service / serving			
Serving as art			
Serving as a housekeeper			
Serving as a waiter			
Serving other Tops (supervised)			
Serving other Tops (unsupervised)			
Sex			
Sexual deprivation / chastity (short term)			
Sexual deprivation / chastity (long term)			
Shaving (body hair)			
Shaving (head hair)			
Skinny-dipping			
Sleep deprivation			
Sleepsacks			
Sounds (metal urethral rods)			
Spandex clothing			
Spanking			
Spanking (over-the-knee)			
Speech restrictions (when, what)			
Speculums (anal)			
Spitting			
Spreader bars			
Standing in corner			
Stocks			
Straight jackets			
Strapping (full body beating)			

Activity	Experience (yes/no)	Willingness (NO or 0-5)	Notes
Sucking dick (blowing)			
Sucking dick (getting blown)			
Suspension (upright)			
Suspension (horizontal)			
Suspension (inverted)			
Swallowing cum <i>If yes, describe circumstance, frequency, and current preference.</i>			
Swallowing urine (see "water sports")			
Tattooing			
Teasing			
Thumbcuffs (metal)			
Tickling			
Tit clamps (see nipples)			
Tongue bath / tongue worship			
Trucks / sleeper cabs			
Uniforms (specify)			
Verbal humiliation			
Violet wand (electrical device)			
Voyeurism (watching others)			
Video (watching others)			
Video (recordings of you)			
Water sports (external)			
Water sports (internal / swallowing piss)			
Wax (hot, dripping)			
Wearing symbolic jewelry			
Whipping			
Wooden paddles			
Wrestling			

Are there any turn-offs or turn-ons not listed above? If so, describe.

Do you own any sex toys, bondage equipment, or other erotica? If so, describe.

What has been your most intense scene involving SM or B&D? Describe.